



SAFE ROUTES TO SCHOOLS MARIN COUNTY

Dear Parents –

Your school is part of a county-wide [Safe Routes to Schools](#)’ movement to increase students’ health and safety during school commute hours. ***If you live within one to two miles from school, walking and biking are strongly encouraged.*** If you live too far or have toddlers in tow, please consider parking ¼ mile away and walking the short distance to school. Every bit helps to reduce traffic and emissions to benefit all students.



Studies indicate that youth who walk and roll to school perform better in school; physical activity creates higher academic achievement, better cognitive performance, better reading fluency, and improved executive functioning.

Please plan ahead with your student and practice your walking or cycling route on the weekends. For teaching tips, watch these short [pedestrian](#) or [bicycle safety videos](#) from Safe Routes to Schools.

Save the Date: *International Walk and Roll to School Day (iWalk) is on October 6th.* Gear up to join thousands in Marin County who will be walking and rolling to school that day.

To address safety concerns (e.g. sidewalks, crosswalks, bike lanes, traffic signals) at the Safe Routes to Schools Task Force meeting, contact Wendi Kallins: wkallins@igc.org

Wishing your family a healthy and happy start to the school year,

Gwen Froh
Program Director
Marin Safe Routes to Schools
gwen@marinbike.org